

**A Sample of Maytime Montessori Food Menu**  
**We cater for Special Diets and Allergies, we also supply Halal Meat**

<b>Time</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Weetabix, Rice Krispies, followed by Toast (choice of either white or brown bread ) With choice of Water, Milk, Fresh Orange Juice, Fresh Apple Juice and Milky Hot Chocolate to drink				
<b>Early Snack Time</b>	Fresh Fruit (Choice of Banana, Apple or Pear), Biscuit with milk or water				
<b>Lunch</b>	Boiled White or Brown Rice with Vegetarian Minced Curry	Mash Potato, Choice of Bake Beans or Spaghetti with Sausages or Vegetarian Sausages and Gravy	Roast Potatoes, mixed country vegetables, with either slow roasted Lamb/ Quorn Chicken	Tuna Pasta Bake or Vegetable Pasta Bake with Bake Beans or Spaghetti	Waffles, Baked Beans with either Chicken Nuggets or Vegetarian nugget Bites
<b>Pudding</b>	Home made Apple Crumble with Custard Or Fresh Fruit	Fresh Fruit Cocktail with a choice of Custard or Ice cream	Creamy Rice Pudding Or Fresh Fruit	Semolina Or Fresh Fruit	Ice cream and Jelly Or Fresh Fruit
<b>After noon Tea Time</b>	Various Sandwiches (Butter, Lemon Curd, Cheese), Cucumber Sticks, Raisins, Apple, home made Shortbread and Fruit	Various Crackers (Butter, Tomato, Chicken Slices) Bread Sticks, Banana, Carrot sticks, home made Marble Cake and Fruit	Various Sandwiches (Butter, Soft Cheese Spread, Mixed Fruit Jam) Tomato and Cucumber chunks, Breadsticks and Fruit	Various Crackers (Butter, Cheese, Cucumber) Tomato and Cheese Cubes, Sweet Corn and Mixed Peppers and Fruit	Various Sandwiches (Butter, Tuna, Cucumber, Cheese) Pear, Cheese Cubes, Raisins and Fruit
<b>After noon Babies Tea Time</b>	Broccoli Bake with Cheese (optional)	Tomato Penne Pasta	Home Made Vegetable Soup	Baby Boiled Rice with Vegetarian Meat Balls	Vegetarian Mince Shepherd's Pie and Bake Beans

**Water, Fresh Orange Juice, Fresh Apple Juice, and Milk are given through out the day.**